

Ways Parents Can Help to Instill Habits of a Scholar

- 1. Model these habits in your own life.*
- 2. Reinforce that these are works of progress. No one is expected to be perfect or to display all the habits all the time.*
- 3. Share your story. Talk about times when you exhibited a particular habit or times when you learned the hard way because you should have exhibited a particular habit.*
- 4. Share your own intellectual struggles.*
- 5. Share the stories of family members or of famous individuals who have displayed these habits.*
- 6. Practice these habits with your child and help him/her to see the benefits of them.*
- 7. Make the connection to extracurricular activities (sports, music lessons, etc). Kids can relate to hard work, organization, etc with these things. This makes it easier to then shift that mentality to practicing those habits in school.*
- 8. Ask your child to identify how the character in a story they are reading exhibits a particular trait.*
- 9. Ask your child to identify the trait that would most benefit the character in a story they are reading.*