## AMENDMENT #1 TO THE 2017 BENEFIT DOCUMENT OF GARDEN GROVE UNIFIED SCHOOL DISTRICT SELF-INSURED HEALTH PLAN

Effective <u>June 1, 2017</u>, the above-referenced Benefit Document of the GARDEN GROVE UNIFIED SCHOOL DISTRICT SELF-INSURED HEALTH PLAN is amended as follows:

- 1. All mentions of "Substance Abuse" are replaced with "Substance Use Disorder".
- 2. The following entry in the **Eligible Medical Expenses** section is <u>revised</u> as follows to allow coverage for Residential Care:

**Mental Health / Substance Use Disorder Care** - Services and supplies for the treatment of covered mental health conditions and covered substance use disorders. Treatment of covered mental health conditions and covered substance use disorders may be provided through Inpatient or Outpatient services, Residential Care, Emergency Care and Prescription Drugs.

Except as expressly excluded in the **Medical Limitations and Exclusions** section, a "mental health condition" or "substance use disorder" will include those conditions listed in the <u>International Classification of Diseases Manual</u> in the section on mental disorders, including drug or alcohol intoxication or dependence. These disorders may be of physical or functional etiology. Many of these disorders are often referred to as "nervous and mental" or "psychiatric" conditions or problems.

3. The following entry is <u>added</u> to the **Eligible Medical Expenses** section:

**Psychiatric Residential Treatment Center** - A state-licensed facility and community-based facility that is not a Hospital, but that provides residential care for persons with serious and persistent mental health conditions or substance use disorders. The facility must be operated 24-hours-per day to provide psychiatric and/or substance abuse and dependency treatment to its resident patients.

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This amendment is accepted by:

## Signature of Authorized Representative

Date

NOTE TO PLAN PARTICIPANT: REVIEW THIS AMENDMENT CAREFULLY AND THEN INSERT INTO YOUR BENEFIT BOOKLET. THIS AMENDMENT REFLECTS CHANGE(S) TO YOUR SUMMARY PLAN DESCRIPTION AND MAY INCLUDE MATERIAL MODIFICATIONS (REDUCTIONS) IN PLAN BENEFITS.